

Livability for All in the City of Chula Vista, CA An Age-Friendly Community Survey of Residents Age 45+

AARP December 2016



















Livable Community

A livable community is one that is safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' engagement in the community's civic, economic, and social life.

- AARP Policy Book, Chapter 9













AARP Network of Age-Friendly Communities

- AARP's Age-Friendly Network is an affiliate of the World Health Organization (WHO) Global Network of Age-Friendly Cities and Communities Program.
- The program was established to connect cities, communities and organizations worldwide with the common vision of making their community a great place where people can grow up and grow old.
- The program targets the environmental, social, and economic factors that influence the health and well-being of residents of all ages.

The WHO 8 Domains of Livability



Community & Health Care





Housing



Social Participation



Outdoor Spaces & Buildings



Respect & Social Inclusion



Civic
Participation &
Employment



Icons from FlatIcon.com



Top Community Features

(% Excellent/Very Good)

Respectful and helpful hospital and clinic staff (62%) Community & Health Care Well-maintained hospitals and health care facilities (62%) Community & Health Care **Outdoor Spaces & Buildings** Safe and accessible sidewalks (56%) Easy to read traffic signs (56%) **Transportation** Community & Health Care A variety of health care professionals including specialists (56%) Healthcare professionals who speak different languages (54%) Community & Health Care **Outdoor Spaces & Buildings** Well-maintained parks with enough benches (49%) Safe parks (48%) **Outdoor Spaces & Buildings** Community & Health Care Conveniently located emergency care centers (48%) Free access to computers and the Internet in public places (47%) **Communication & Information Transportation** Audio and Visual Pedestrian Crossings (47%)



Bottom Community Features

(% Fair/Poor)

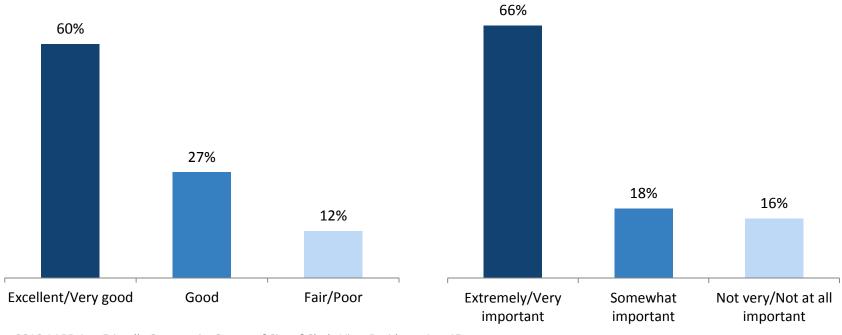
Affordable housing options for a variety of income levels (43%) Housing Civic Participation & A range of flexible job opportunities for older adults (37%) **Employment** Well-maintained, safe low-income housing (35%) Housing Neighborhood watch programs (31%) **Outdoor Spaces & Buildings** Clearly displayed printed community information with large Communication & Information lettering (31%) Civic Participation & Job training opportunities for older adults (30%) **Employment** Civic Participation & Policies that ensure older adults can work for as long as they **Employment** want or need to (30%) Civic Participation & Jobs that are adapted to meet the needs of people with disabilities (28%)**Employment** Communication & Information Community information that is delivered in person (28%) Well-maintained streets (28%) **Transportation**



The majority of City of Chula Vista residents age 45+ believe their community is a good place to age and want to live there independently for as long as possible.

Rating of Current Community as a Place for People to Live as They Age

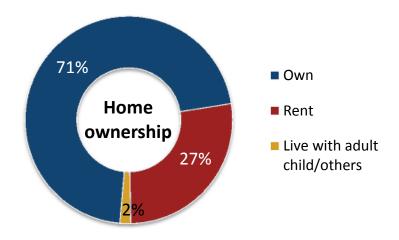
Importance of Remaining in Current Community





Most City of Chula Vista residents age 45+ own single family homes.

Type of Home	
A single family house	66%
An apartment	12%
A townhouse/Row house	7%
A condominium/Coop	6%
A mobile home	5%
A two family house that has two separate living units	3%
Senior housing/Assisted living facility	1%
Other	0%

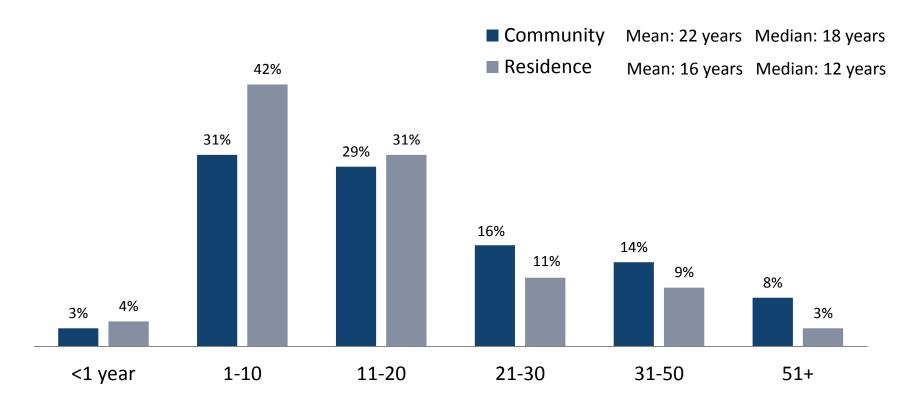


65% of respondents say remaining in their current home is extremely/very important.

17% of respondents say they need to make major repairs, home modifications, or changes

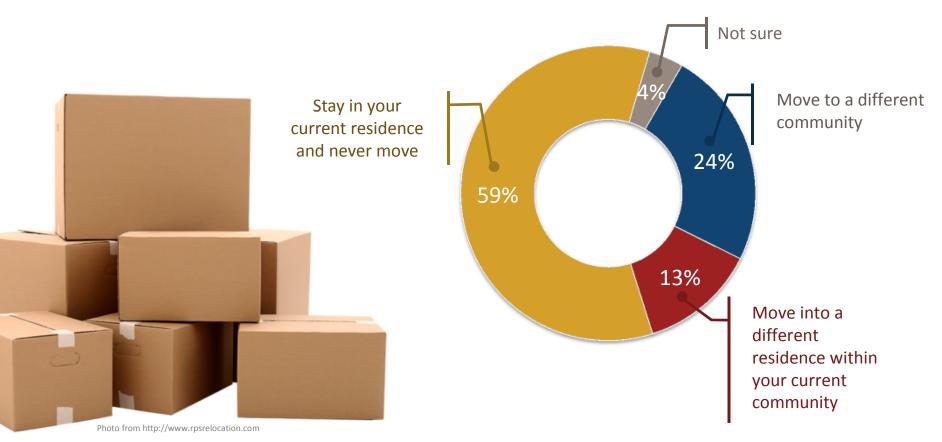


City of Chula Vista residents age 45+ have lived in their home for an average of 16 years and have lived in their community even longer, an average of 22 years.



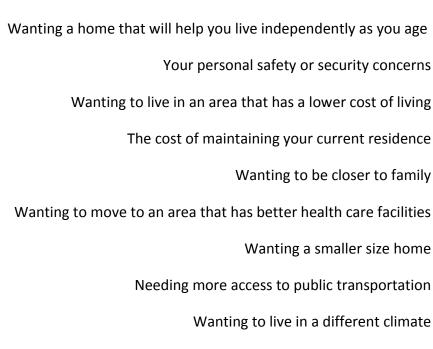


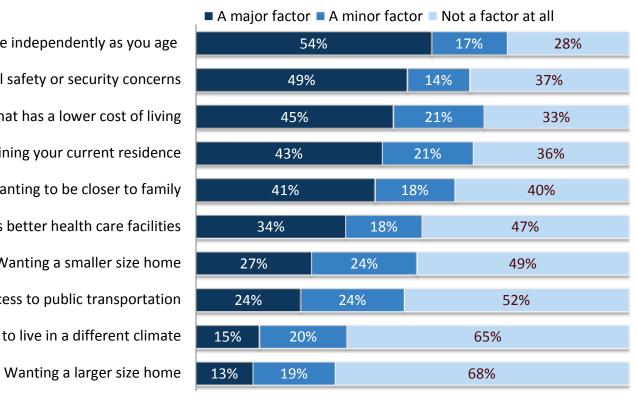
The majority of City of Chula Vista residents age 45+ expect to stay in their home or community as they get older.





Age-friendly housing, safety, affordability, and wanting to be closer to family are influential factors for City of Chula Vista residents age 45+ considering moving when they get older.



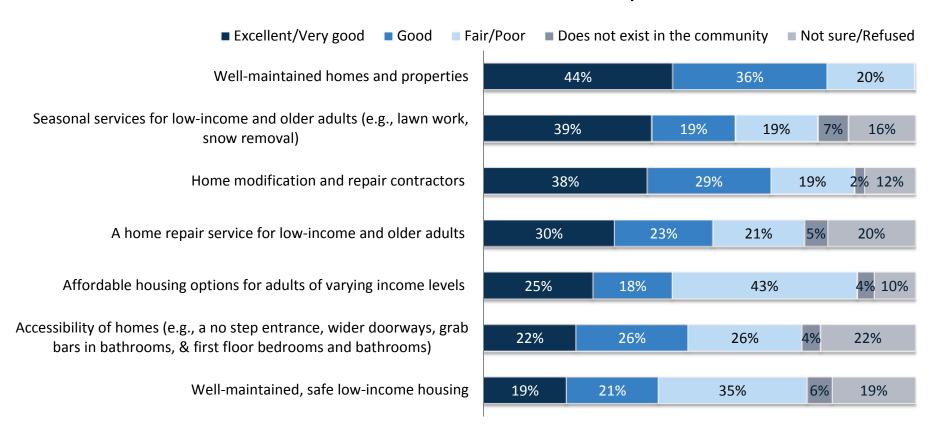


Question: If you were to consider moving out of your residence, would the following be a major factor, a minor factor, or not a factor at all in your decision to move? Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



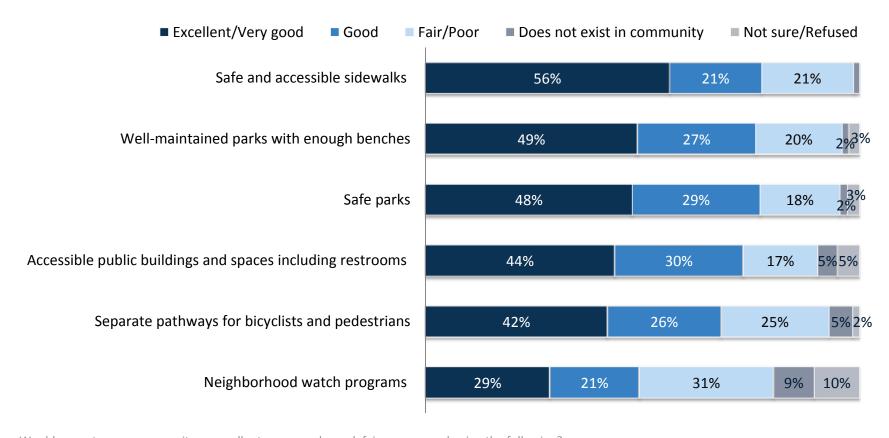


City of Chula Vista residents age 45+ rate their community positively on having well-maintained homes and properties as well as good seasonal services and home modification and repair contractors.





City of Chula Vista residents age 45+ rate their community excellent to good at having well-maintained, safe parks and accessible sidewalks and public facilities.





Most City of Chula Vista residents age 45+ drive themselves to get around their community.



87% drive themselves around

32% have others drive them



53% walk

24% use public transportation

16% ride a bike



12% take a taxi

8% use a special transportation service

1% get around some other way



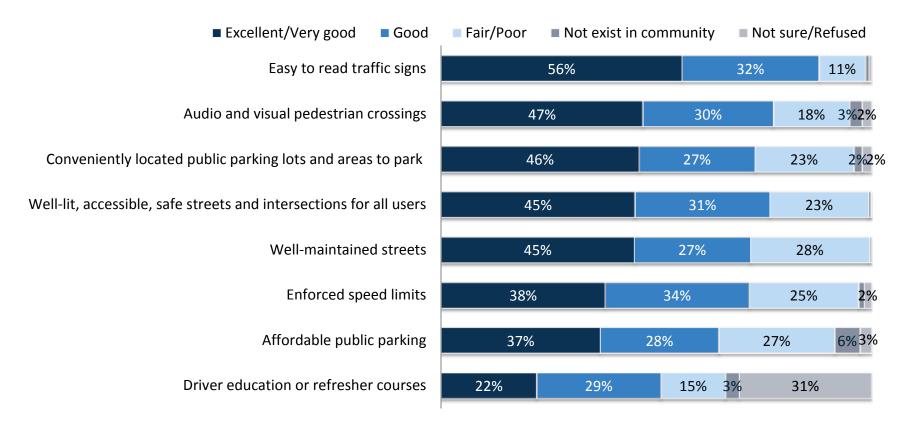
Photo from ScienceWorldReport.com

Question: How do you usually get around your community for things like shopping, visiting the doctor, running errands, or other things? Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



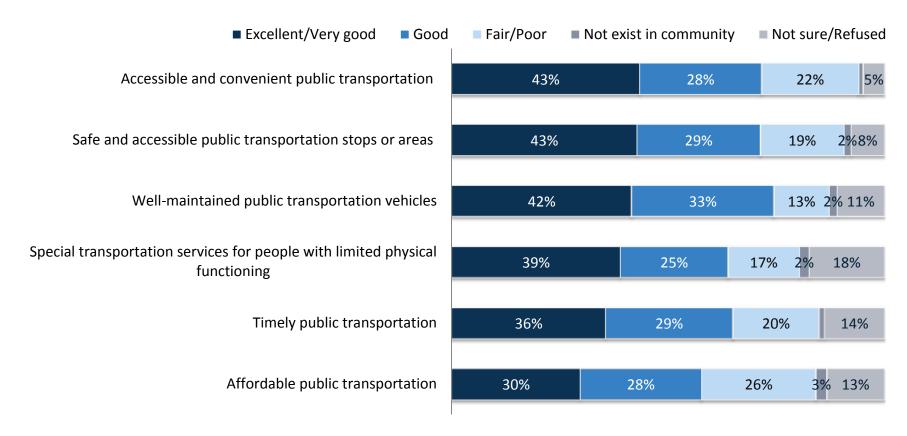


City of Chula Vista residents age 45+ rate their community excellent to good on having well-maintained, safe streets and ample places to park.



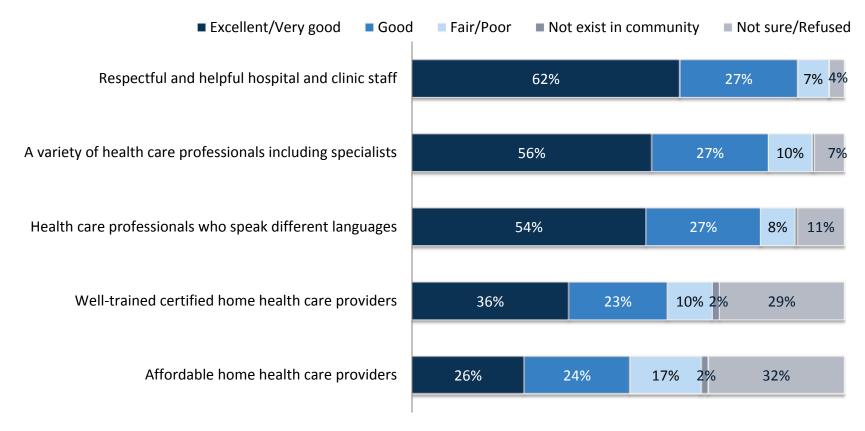


City of Chula Vista residents age 45+ feel their community offers excellent to good accessible, convenient, safe, and well-maintained public transportation as well as special transportation services.



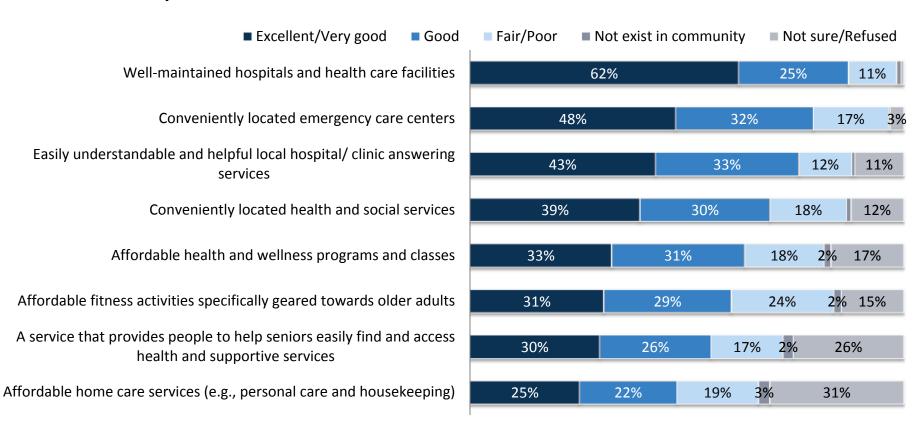


The majority of City of Chula Vista residents age 45+ rate their community excellent to very good on having a variety of helpful and respectful health care professionals who speak different languages.





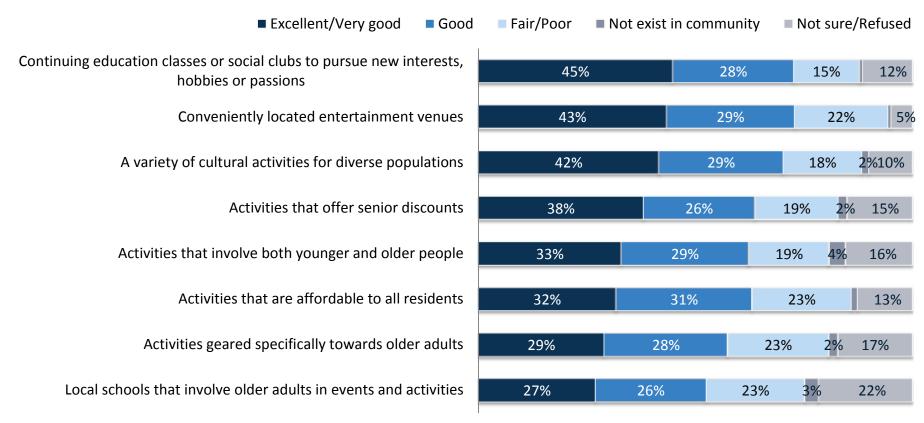
The majority of City of Chula Vista residents age 45+ rate their community excellent to good on having well-maintained and conveniently located health care facilities.





City of Chula Vista residents age 45+ say their commu

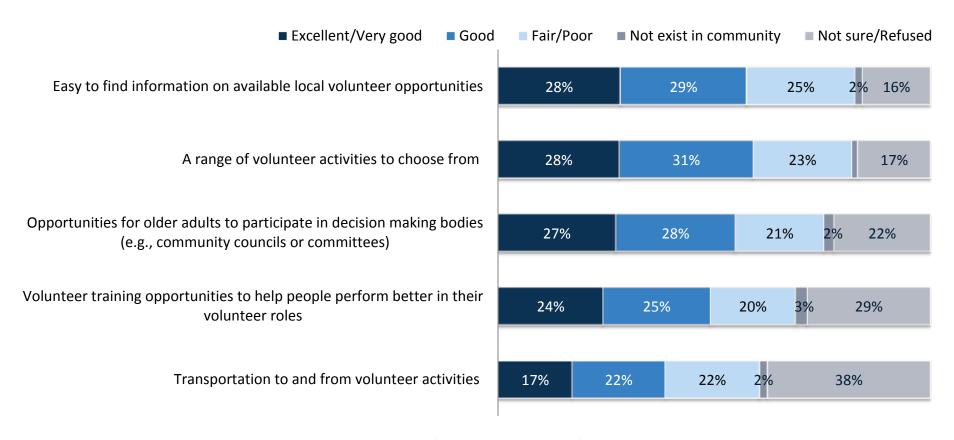
City of Chula Vista residents age 45+ say their community has an excellent to good variety of affordable social activities at convenient locations.





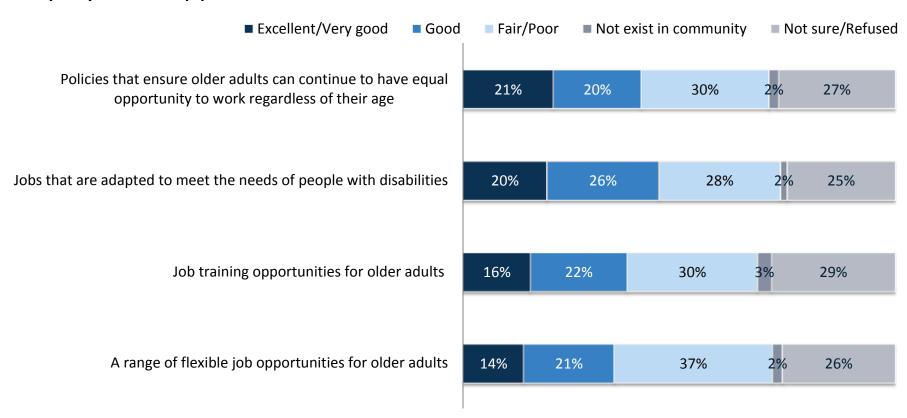


The majority of City of Chula Vista residents age 45+ rate their community positively on having access to a variety of volunteer activities that are easy to find.





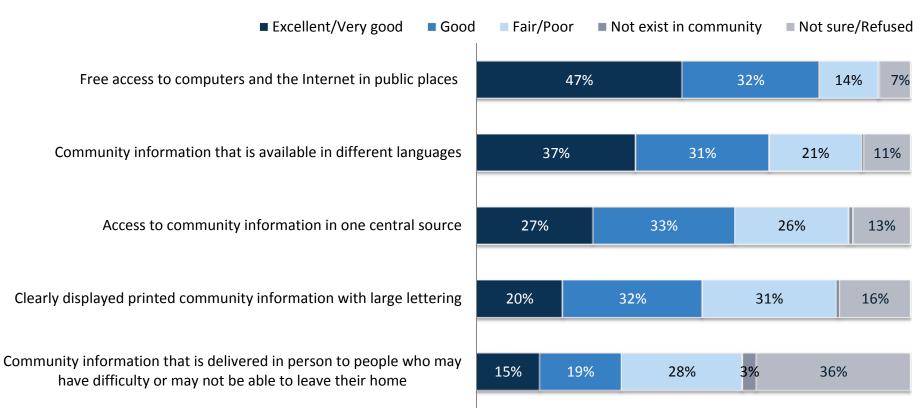
City of Chula Vista residents age 45+ are somewhat divided in their opinions on how well their community is doing in terms of having employment opportunities for older residents.







The majority of City of Chula Vista residents age 45+ rate their community positively on having easy access to community information; however, having information available for residents with limited mobility received more negative ratings.





Respondent Profile: Demographics

Gender	
Male	46%
Female	54%

Age	
45-49	16%
50-54	24%
55-64	28%
65-74	17%
75-84	10%
85+	4%

Race/Ethnicity	
White or Caucasian	74%
Asian	16%
Black	6%
Native American or Alaskan Native	1%
Native Hawaiian or Pacific Islander	1%
Hispanic	47%
Other	1%

Marital Status	
Single, never married	11%
Married	62%
Not married, living with your partner or significant other	2%
Separated	2%
Divorced	11%
Widowed	12%

Health Status	
Excellent/Very good	51%
Good	27%
Fair/Poor	21%

Disability Status	
Yes, myself	22%
Yes, my spouse or partner	4%
Yes, both myself and my spouse or partner	2%
No	71%

AARP Membership

Yes 20%

No 79%



Respondent Profile: Socioeconomic & Voting

Education	
0 to 12th grade, but with no diploma	5%
High school graduate or equivalent	19%
Post high school education, but with no degree	11%
2 year degree (Associate's Degree)	17%
4 year degree (Bachelor's Degree)	22%
Post graduate study, but with no degree	4%
Graduate or professional degree	19%

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Voting Behavior	
Always	62%
Most of the time	23%
About half of the time	3%
Seldom	3%
Never	7%

Employment Status	
Self-employed full-time	7%
Self-employed part-time	3%
Employed full-time	37%
Employed part-time	6%
Retired and not working at all	33%
Unemployed and looking for work	2%
Not in the labor force for other reasons	12%

Political Party	
Democrat	45%
Republican	25%
Independent	24%
Something else	<1%

Income	
< \$10,000	5%
\$10,000 - \$19,999	8%
\$20,000 - \$29,999	11%
\$30,000 - \$49,999	14%
\$50,000 - \$74,999	14%
\$75,000 - \$99,999	11%
\$100,000 - \$149,999	15%
\$150,000 +	11%





Survey Methodology:

- A telephone survey was commissioned by AARP to assess public opinion among City of Chula Vista residents age 45+ about age-friendly and livable community topics in City of Chula Vista.
- Telephone interviewing was conducted by Alan Newman Research from October 25th to November 9th 2016.
 Respondents selected their interview language preference; 34 interviews were completed in Spanish per respondent request.
- A total of 503 interviews were conducted. The margin of error for this sample is <u>+</u>4.4%.
- The sample utilized RDD landline and cell phone records.





Contact Information:

- This deck, the annotated survey, the methodology report, and an infographic can be accessed at: www.aarp.org/2016agefriendlycommunity
- For more information about age-friendly work in City of Chula Vista, please contact Christina Clem, AARP California, at <u>cclem@aarp.org</u>.
- For more information about the survey, please contact Joanne Binette, AARP Research, at jbinette@aarp.org.